

CURRICULUM VITAE

1. **Name of Staff:** Dr. (Mrs.) Anthonia Chigozie Nwatu (Nee Anih)
2. **Date of Birth:** 24th July, 1981
3. **Sex:** Female
4. **Marital Status:** Married
5. **Nationality:** Nigerian
6. **State of Origin:** Enugu State
7. **Local Government:** Nkanu West
8. **Rank on 1st Appointment in ESUT:** Administrative Assistant
9. **Date of First Appointment in ESUT:** 2nd October, 2008
10. **Date of Assumption of Duty:** 6th November, 2008
11. **Date of Last Promotion:** 1st October, 2022

12. Educational & Promotional Qualifications:

Institution Attended	Qualifications	Area of Study	Date
Enugu State University of Science and Technology (ESUT) Enugu	Ph.D	Clinical Psychology	17 th Feb. 2017
Enugu State University of Science and Technology (ESUT) Enugu	M.Sc.	Clinical Psychology	8 th June 2011
Enugu State University of Science and Technology (ESUT) Enugu	B.Sc	Psychology	6 th December, 2004
Alins Commercial School Agbani	GCE	-	1997/98
Community Primary School Agbani	FSLC	-	1990

ACADEMIC HONOURS AND DISTINCTIONS:

Best Graduating Student of Psychology Dept. ESUT

2003/2004

SPECIAL AWARD:Tertiary Education Trust Funds (TETFUND) Sponsored
International Conference ASA Atlanta Georgia USA

2018

HISTORY OF EMPLOYMENT BEFORE JOINING ESUT:

Establishment/Body	Period		Position Held	Reason for leaving
	From	To		

CAREER WITHIN ESUT IN CHRONOLOGICAL ORDER:

Post	Salary Scale	Period		How change occurred (by promotion /degrading, etc)
		From	To	
Administrative Assistant	Cont. 7 ⁵	2008	2012	Re-grading
Assistant Lecturer	Conuass 2 ⁵	2012	2015	Promotion
Lecturer II	Conuass 3 ¹	2015	2018	<u>Promotion</u>
Lecturer I	Conuass 4 ¹	2018	2022	<u>Promotion</u>
Senior Lecturer	Conuass 5 ¹	2022	Date	

PRESENT JOB (GIVE DETAILS OF THE MAIN DUTIES YOU PERFORM):

- Successfully Completed Supervision of over 100 B.Sc. Projects
- Successfully Completed Supervision of 3 PGD project
- Currently Supervising 14 B.Sc. Projects
- Currently Supervising 3 M.Sc Projects

TEACHING EXPERIENCES AT UNIVERSITY LEVEL (ESUT)**a) At Undergraduate Level:**

- Psy 111 - Introduction to Psychology
- Psy 111 - Introduction to Psychology (Law)
- Psy 112 - Determinants of Behaviour
- Psy 112 - Determinants of Behaviour (Law)
- Psy 122 - Basic Concepts in Experimental Psy.
- Psy 141 - Quantitative Methods in Psychology I
- Psy 142 - Quantitative Methods in Psychology II
- Psy 233 - Physiological Psychology
- Psy 272 - Community Psychology
- Psy 234 - Health Psychology
- Psy 347 - Psychological Testing and Tests Cont.

- Psy 447 - Adv. Psychological Testing and Tests Cont.
 Psy 374 - Cross-Cultural Psychology
 Psy 411 - Practicum in Psychotherapy I
 Psy 412 - Practicum in Psychotherapy II
 Psy 341 - Statistical Methods in Psychology I
 Psy 342 - Statistical Methods in Psychology II

b) At Postgraduate(Academic) PGD Level

- Psy 745 - Health Psychology
 Psy 705 - Computer Appreciation/Statistics
 Psy 742 - Psychological Testing

b) At Postgraduate (Academic) M.Sc Level

- Psy 841 Personality assessment
 Psy 862 Research in Child Development
 Psy 868 Developmental Psychopathology
 Psy 863 Adulthood and ageing, etc

SERVICE TO UNIVERSITY COMMITTEE:

Name of Committee	Status Held (in Committee)	Dates (in full)
Faculty of Social Sciences Welfare ESUT	Treasurer	2017 to Date
Department of Psychology Result Computation Committee	Member	2016 to Date
Department of Psychology PG Result Computation Committee	Member	2022 to Date
PG Coordinator Department of Psychology	PG Coordinator	2022 to Date

PROFESSIONAL MEETINGS/CONFERENCES ATTENDED:

- i. Faculty of the Social Sciences ESUT 3rd International Conference 2022
- ii. Faculty of the Social Sciences ESUT 2nd International Conference 2021
- iii. Nigeria Psychological Association Conference Enugu 2021
- iv. Faculty of the Social Sciences ESUT 1st International Conference and Workshop 2019
- v. African Studies Association Conference Atlanta Georgia United States of America (USA) 2018
- vi. African Studies Association Conference Chicago Illinois Unites States of America (USA) 2017
- vii. Nigeria Psychological Association Conference Nsukka, Enugu 2014

ATTESTATION

I certify that the information given by me above is correct.

Nwatu, Anthonia Chigozie Ph.D

Signature

Date

OTHERS

Number of children:	Six
Position:	Senior Lecturer
Permanent Home Address:	Obinagu Uwani Akpugo
Residential Address:	No.7 Nnamani Nwene Str. Amechi Enugu
Phone:	08037448566
Next of Kin:	Mr. Anthony Afamefuna Nwatu
Contact of Next of Kin:	No.7 Nnamani Nwene Str. Amechi Enugu
Phone No. of Next of Kin:	08035080563
Relationship with Next of Kin:	Husband

TRAINING COURSES ATTENDED

- | | |
|---|------|
| a. African Humanities Program (AHP) Proposal Writing Workshop at Godfrey Okoye University Enugu | 2019 |
| b. Advanced Digital Appreciation Programme for Tertiary Institutions (ADAPTI) ESUT Data Analysis with SPSS 23 | 2019 |
| c. Advanced Digital Appreciation Programme for Tertiary Institutions (ADAPTI) ESUT | 2017 |
| d. Computer Application Programmes at Carissime Technology Enugu | 2002 |

MEMBERSHIP OF SCIENTIFIC/LEARNED SOCIETIES:

- i) Member, American Psychological Association (APA)
- ii) Member, Nigerian Psychological Association (NPA)
- iii) Member, Nigerian Association of Clinical Psychologists (NACP)
- iv) Member, Academic Staff Union of Universities (ASUU) ESUT Chapter
- v) Member African Studies Association (ASA)

OTHER CONTRIBUTIONS/SERVICES TO ESUT:

- | | |
|---|------------|
| a) Secretary, Research/Journal Committee, FSSH ESUT | 2023 |
| b) Post Graduate Coordinator Psychology Dept. | 2022-date |
| c) Member, FSSH Home Coming Committee | 2022-date |
| d) Treasurer Faculty of Social Sciences and Humanities ESUT Welfare Committee | 2018- date |
| e) Chairperson, Staff welfare Committee Dept. of Psychology ESUT | 2017-date |
| f) Member, Committee on Fund Raising for Faculty of Social Sciences ESUT | 2016 |
| g) Member, Result Committee Dept. of Psy. ESUT | 2015-date |
| h) Staff Adviser Dept. of Psychology ESUT | 2015-2017 |

CONTRIBUTIONS/SERVICES TO THE COMMUNITY:

- | | | |
|-------|---|------------|
| I. | Vice Chairman Graduation committee St. Peter School Garriki
Awkunanaw, Enugu | 2022 |
| II. | Reviewer International Blood Research & Reviews | 2022- date |
| III. | Reviewer Asian Journal of Advanced Research and Reports | 2022-date |
| IV. | Reviewer Journal of Pharmaceutical Research International | 2021-date |
| V. | Reviewer Asian Journal of Pediatric Research | 2021-date |
| VI. | Vice Chairman St. Peter Nursery and Primary School Garriki
Awkunanaw Enugu | 2021-date |
| VII. | Vice Chairman Graduation committee St. Peter School Garriki | 2021 |
| VIII. | Family Week Programme at St. Maria Assumpta Parish New Era
Layout Enugu Topic: The fall and the Divine Promise of Salvation
Resource Person, | 2017 |
| IX. | Former Vice Chairman Parents' Teachers' Association
(PTA) Rehoboth International School Enugu | 2017-2019 |

DISSERTATION AND THESIS:

1. Anih, A.C. (2004): Effects of Gender and Level of education on Performance in Finger Dexterity among Primary School Children (B.Sc. Thesis- Published 2018).
2. Anih, A. C. (2009): Influence of length of marriage, Age and Gender on Marital Stress (M.Sc. Dissertation– published 2019).
3. Anih, A. C. (2017): Influence of coping strategies, Self- Concept and Level of education on Marital Stress among Married Working Women (Ph.D Thesis– published 2020).

CREATIVE OUTPUT:

Edited Book (Published):

1. Omeje, O. & Nwatu, A. C. (2022). Basic Practicum in Psychotherapy Published by Skinno Publishers, Enugu
2. Aboh, U. J. & Nwatu, A. C. (2021, 1st Edition). ANOALPHA: Basic Principles in Psychological Science published by BusyBrain Int'L Ltd.
3. Aboh, U.J., Obidigbo, G.C.E. & Nwatu, A.C. (2021, 2nd edition Revised). Quantitative Analysis in Psychology published By Skinno Publishers, Enugu.
4. Nwatu, A. C. (2019, 1st Edition). SPSS In Behavioural Sciences Simplified Published By Skinno Publishers, Enugu.

Journal Articles (Published)

5. Ozor, T.O., Anih, A.C. & Omeje, O. (2016). Influence of job Stress and Marital Status on Job Attitude among Nigeria Medical Doctors. *International Journal of social Sciences and Humanitis reviews* Vol. 6 No.2, P. 123-130 (ISSN:2276-8645)
6. Anih, A.C., Ozor, T.O. & Omeje, O. (2015). Eroded Family values: The Bane of Africa Underdevelopment. *Nigerian Psychological Research*, Vol. 3, 332-341. ISSN: 2408-5448

7. Nwatu, A.C. (2018). Influence of coping strategies on Marital Stress among Married Working women. *International Journal of Psychology and behavioural Sciences (P-ISSN: 2163-1948) Vol. 8(3): 45-50.*
8. Nwatu, A.C. (2018). Effects of Gender and Level of Education on Performance in finger Dexterity among Children, *ESUT Journal of Psychological Sciences. Vol. 3 No. 1.*
9. Nwatu, A. C. (2019). Influence of Length of Marriage, Gender and Age on Marital Stress among Married Workers. *ESUT Journal of Social Sciences Vol. 4 No. 1. Pp. 337-344.*
10. Nwatu, A. C. (2020). Marital Stress and Married Working Women: The Role of Coping Strategies, Self-Concept and Educational Qualification. *Journal of Psychological Research. Vol. 02 Issue 04, pp. 29-43.*
11. Nwatu, A. A. & Nwatu, A. C. (2020). Relationship between Welfare Benefits and Job Satisfaction among Primary Health Care Workers in Nkanu West Local Government Area of Enugu State, Nigeria. *ESUT Journal of Social Sciences & Humanities, Vol. 5, Issue 2, pp. 172-187.*
12. Anyaegbu, R. D., Nwatu, A. C. & Omeje, O. F. (2021). Social Support and Resilience predicting Post-Traumatic Stress Disorder among Returned Soldiers from Insurgency Areas in Nigeria. *ESUT Journal of Social Science & Humanities, Vol. 6, Issue 3, 181-199.*
13. Onwuekwem, T. R., Nwatu, A. C. & Aboh, U. J. (2022). The Moderating Role of Self-efficacy on Coping Strategies as Predictors of Fear of Success among Undergraduate Students. *Nigeria Journal of Psychology, Vol. 22, No. 1.*
14. Nwatu, A. C. (2022). Psychophysiological Symptom as a predictor of Depression among Institutionalized Persons in Nigeria: The Moderating Role of Social Support. *Nigerian Psychological Research, Vol. 7, Issue 1.*
15. Nwatu, A. C. (2022, August 21st). *Rectangular Nature of Well-being/Ill-being.* The Rock Spring Magazine published by St. Peter Nursery and Primary School Garriki Awkunanaw Enugu (Maiden Edition) pp. 28-30.

Ongoing Research/Books:

16. Parents, Individuals, Teachers and Others (PITO) theory of overall well-being.
17. Advanced Manual and SPSS Statistics in Behavioural Sciences.

Selected Major Conference Papers:

18. Onwuekwem, T. R., Nwatu, A. C. & Aboh, U. J. (2022). The Moderating Role of Self-efficacy on Coping Strategies as Predictors of Fear of Success among Undergraduate Students. Third International Conference/Workshop Faculty of Social Sciences and Humanities ESUT Agbani, Enugu State Nigeria.
19. Nwatu, A. C. (2022). Psychophysiological Symptom as a predictor of Depression among Institutionalized Persons in Nigeria: The Moderating Role of Social Support. Third International Conference/Workshop Faculty of Social Sciences and Humanities ESUT Agbani, Enugu State Nigeria.

20. Okeke, N., Nwatu, A. C. & Aboh, U. J. (2022). The Moderating Role of Resilience on Loneliness as a Predictor of Suicidal Ideation among Inmates. Third International Conference/Workshop Faculty of Social Sciences and Humanities ESUT Agbani, Enugu State Nigeria.
21. Osigbeme, D. I., Agu, S. A. & Nwatu, A. C. (2022). Perceived Parenting Styles and Personality Factors as Predictors of Substance Abuse in a sample of Adolescent Students in Enugu. Third International Conference/Workshop Faculty of Social Sciences and Humanities ESUT Agbani, Enugu State Nigeria.
22. Nwatu, A. A., Eze, P. J. & Nwatu, A. C. (2021). Fringe Benefits as Predictors of Job Satisfaction: A Study of Primary Health Workers in Nkanu West Local Government Area Enugu State Nigeria 2nd International Conference/Workshop Faculty of the Social Sciences and Humanities ESUT Agbani Enugu State Nigeria.
23. Anyaegbu, R. D., Nwatu, A. C. & Omeje, O. F. (2021). Social Support and Resilience predicting Post-Traumatic Stress Disorder among Returned Soldiers from Insurgency Areas in Nigeria 2nd International Conference/Workshop Faculty of the Social Sciences and Humanities ESUT Agbani Enugu State Nigeria.
24. Nwatu, A. A. & Nwatu, A. C. (2021). Relationship between Welfare Benefits and Job Satisfaction among Primary Health Care Workers in Nkanu West Local Government Area of Enugu State, Nigeria. Nigeria Psychological Association (NPA) Annual Conference at Cool City University Enugu State Nigeria.
25. Nwatu, A. C. (2021). Linking Psychological Distress to Negative Life Satisfaction: The Moderating Role of Resilience among Institutionalized Persons at the 64th Virtual Annual Conference of African Studies Association (ASA) (2021).
26. Nwatu, A. C. & Dadzama, T. A. (2020). Self-efficacy and Organizational commitment: The Nigerian Army and the Fight against Insurgency at 63rd African Studies Association Virtual Conference 2020.
27. Nwatu, A. C. (2019). Influence of length of Marriage, Gender and Age on Marital stress among married Workers at 1st International Conference/Workshop Faculty of the Social Sciences ESUT Agbani Enugu State Nigeria.
28. Nwatu, A. C. (2019). Gender Disparities in Post-Traumatic Stress Disorder after Violent Conflict: An Exploratory Study of “Ogbozinne” in Akpugo Nkanu West Local Government Area Enugu State Nigeria at the 62nd Annual meeting of African Studies Association Boston USA.
29. Nwatu, A.C. (2018). Influence of coping Strategies, Self- Concept and Educational level on marital Stress among Married working Women at 61st African Studies Association Annual Meeting Atlanta Georgia USA.
30. Nwatu, A. C. (2017). Influence of Coping Strategies on Marital stress among Married Working Women at 60th African Studies Association Annual Meeting Chicago Illinios USA

31. Anih, A.C., Ozor, T.O. & Omeje, O. (2014). Eroded Family values: The bane of Africa Underdevelopment at 50th Nigeria Psychological Association (NPA) Annual Conference Nsukka Enugu State Nigeria.
32. Ozor, T.O., Anih, A.C. & Omeje, O. (2014). Influence of job Stress and Marital Status on job attitude among Nigeria Medical Doctors Nsukka Nigeria at 50th Nigeria Psychological Association (NPA) Annual Conference Nsukka Enugu State Nigeria.

Other Conferences attended:

33. Nigerian Association of Clinical Psychologists (NACP): Theme Of the conference: The value System and The Health of a Nation. Federal Neuro Psychiatric Hospital Enugu. 2009
34. Nigerian Association of Clinical Psychologists (NACP): Theme of the conference: Community Psychology giving Nigerians psychological Empowerment and Hope at Community Level at Zodiac Hotel Enugu 2003

REFEREES:

1. **Prof. Sam C. Ugwu**
Dean School of Postgraduate Studies
ESUT
2. **Prof. Nicholas Attamah**
Dean Faculty of Social Sciences and Humanities (FSSH),
ESUT
3. **Prof. Tobias O. Ozor**
Head, Department of Psychology ESUT.

ATTESTATION

I certify that the information given by me above is correct.

Nwatu, Anthonia Chigozie Ph.D

Signature

Date